

RMHC Volunteer Guidelines



The Ronald McDonald House provides a home to 105 families of children undergoing treatment for cancer or other serious illnesses. We wholeheartedly welcome volunteers and trust you will adhere to the following:

Health, Safety, and Age Requirements

- Volunteers must be vaccinated against COVID-19 and prepared to show proof of vaccination.
- Masks are optional.
- Groups may include teens 13 years old and older with at least 1 adult over 18. Teen/adult ratios may vary depending on the volunteer activity. Teens must have had chickenpox or been vaccinated for chickenpox.
- Meal Program volunteers must be at least 16 years of age.
- Anyone with symptoms of illness should stay home. Symptoms of illness include sore throat, runny nose, watery eyes, fever, chills, unexplained rash, general aches, nausea, vomiting, and diarrhea.
- Anyone who has had exposure within the last 72 hours (about 3 days) to COVID-19, chickenpox, measles, shingles, TB, hepatitis, or E coli may not volunteer here. Please call if you are uncertain.
- Anyone with an open cut, wound, or sore that is red, puffy, or draining should stay home. All clean cuts need to be covered with a bandage.

Visiting the House

- Parking is available on the street or in our surface lot. Enter our main building by buzzing in.
- Once inside, check in at the Front Desk. The lead will fill out a group sign-in sheet for each volunteer to sign. Nametags will be provided and are required within our buildings and grounds.
- Wash or sanitize your hands immediately upon arrival and frequently while you are here.
- Volunteers should wear closed-toed shoes and comfortable clothing.
- Do not wear perfume or other strong scents.

Interacting with Residents

- Obtain parent's or caregiver's permission before engaging with children.
- Volunteers may never be alone with a child at any time, nor enter a family's private room.
- Volunteers will refrain from sharing religious or political beliefs, or personal information with families.
- Volunteers may not offer services or goods to individual residents.
- Feel free to take photos of group members while at the House. Do not take photos of children, parents, or other residents staying at the House, even with their permission.
- If you need to cancel at the last minute, call 206-838-0638 and leave a message for the House Manager.
- If you have questions or concerns, contact Annie Engelker, Volunteer Services & Family Programs Manager, at annie@rmhcseattle.org or 206-838-0608.