



Activities at the Ronald McDonald House

Volunteer groups provide creativity, fun, and diversion for our families through age-appropriate crafts, entertainment, and educational opportunities.

Thank you for your interest in volunteering. Please carefully read the following:

Volunteer Groups

- Size—a minimum of 2 and up to 6 volunteers. The number of volunteers is dictated by the activity.
- Age—at least 13 years old, with one adult present to supervise if your group includes anyone under 18. Note, volunteers age 13-18 must have had chicken pox or been vaccinated for chicken pox.

Timing

- Activities are scheduled Monday-Friday in the House A Dining Room from **4:30-5:30 pm**.
- Volunteers should arrive to set up around 4:00 depending on the activity and stay after until the space is clean and returned to its original condition.

Planning Your Activity

- Most children participating fall in the preschool to grade school age group.
- Some groups provide music, magic, dance, science, or theater performances.
- We also welcome craft activities (you plan and provide all supplies) with the following stipulations:
 - **Plan for up to 20 children**, making sure all supplies are non-toxic and intended for kids.
 - Select art supplies labeled for use by children up to age 12. No unlabeled supplies, please.
 - If you use glue guns, please keep them on a low temperature setting.
 - Our list of **banned supplies** includes glitter, latex balloons, soil, cut flowers or potted plants, leaves, food ingredients, anything labeled with caution or warning, anything solvent-based such as oil-based paints, toxic glues, acids, alkalis, bleach, corrosives, heavy metals, anything in a pressurized can, or products that produce airborne dust. **If you aren't sure your supplies are safe to use here, please check with Marla at 206-838-0621 or marla@rmhcseattle.org**

Activity Procedures Step-by-Step

1. Make sure your team is **healthy with no symptoms of illness**.
2. All volunteers sign in at the Front Desk and staff will escort you to the Dining Room.
3. Set up your activity in the Dining Room with protective table coverings if needed.
4. **Start by 4:30 pm** and finish around 5:30 pm.
5. After, please **restore your area of the dining room to the condition it was in** when you arrived.
6. **Sanitize any tables used** with the DZ-7 spray and paper towels.
7. Please **take all your supplies and equipment with you**, leaving nothing in the Dining Room.
8. To donate any leftover craft supplies, please leave them at the Front Desk.
9. Sign out at the Front Desk and take a pink copy of the form for your records.

Important Reminders

- Any photos you take must be limited to your group—please do not include our children or their families.
- For support while you are in the Dining Room, dial 638 on the House Phone.
- Last minute cancellation? Call Marla at 206-838-0621 and leave a message at 206-838-0638.
- All volunteers on your team, please review our **Volunteer Guidelines** (separate document), paying close attention to health and safety requirements.